

Monday		Tuesday		Wednesday		Thursday		Friday	
<b>1</b>		<b>2</b>		<b>3</b>		<b>4</b>		<b>5</b>	
L:	Breaded Chicken Br, Pasta Misc (WG 1oz(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Chicken Mac	L:	Beef Ground, Whole Grain Chips(WG), Salsa, Applesauce, Lowfat Milk - 1% Taco Salad	L:	Turkey Breast, Bread - Whole Grai(WG), Lettuce And Tomato, Oranges / Tangerin, Lowfat Milk - 1% Turkey Sammies	L:	Beef Ground, Pasta Misc (WG 1oz(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Lasagna	L:	Chicken Breasts, Biscuit - WGR(WG), Mixed Vegetables, Mixed Vegetables, Lowfat Milk - 1% Chic Pot Pies
D:	Beef Ground, Buns - Whole Wheat(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Sloppy Joe	D:	Chicken Breasts, Tortilla tostadas(WG), Mixed Vegetables, Applesauce, Lowfat Milk - 1% Enchilada Baked	D:	Chuck Roast, Brown Rice, WG (1o(WG), Mixed Vegetables, Oranges / Tangerin, Lowfat Milk - 1% Pepper Steak	D:	Chicken Legs, Rolls-100% Whole W(WG), Mashed Potatoes (1, Mixed Fruit, Lowfat Milk - 1% Baked Chicken	D:	Chicken Breasts, Bread - Whole Grai(WG), Garden Salad, Mixed Fruit, Lowfat Milk - 1% Garden Salad
<b>8</b>		<b>9</b>		<b>10</b>		<b>11</b>		<b>12</b>	
L:	Beef Ground, Pasta Misc (WG 1oz(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Cheese Burger Pasta	L:	Beef Ground, Brown Rice, WG (1o(WG), Salsa, Applesauce, Lowfat Milk - 1% Taco Bake	L:	Beef Ground, Biscuit - WGR(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Beef Potpie	L:	Chicken Breasts, Bread - Whole Grai(WG), Garden Salad, Mixed Fruit, Lowfat Milk - 1% Garden Salad	L:	Beef Ground, Brown Rice, WG (1o(WG), Leeks, Applesauce, Lowfat Milk - 1% BLT Bake
D:	Chicken Breasts, Brown Rice, WG (1o(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Teriyaki Chicken	D:	Chicken Breasts, Tortilla tostadas(WG), Mixed Vegetables, Applesauce, Lowfat Milk - 1% Enchilada Bake	D:	Breaded Chicken Br, Rolls-100% Whole W(WG), Mashed Potatoes (1, Mixed Fruit, Lowfat Milk - 1% Crispy Chic Bowls	D:	Chuck Roast, Bread - Whole Grai(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Beef Stew	D:	Chicken Breasts, Pasta Misc (WG 1oz(WG), Mixed Vegetables, Applesauce, Lowfat Milk - 1% Rasta Pasta
<b>15</b>		<b>16</b>		<b>17</b>		<b>18</b>		<b>19</b>	
L:	Chicken Breasts, Pasta Misc (WG 1oz(WG), Broccoli, Mixed Fruit, Lowfat Milk - 1% Chicken Alfredo	L:	Beef Ground, Brown Rice, WG (1o(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% TexMex Rice	L:	Turkey Lunchmeat, Bread - Whole Grai(WG), Lettuce And Tomato, Mixed Fruit, Lowfat Milk - 1% Turkey Sammies	L:	Chicken Breasts, Bread - Whole Grai(WG), Garden Salad, Mixed Vegetables, Lowfat Milk - 1% Medi Salad	L:	Chicken Ground, Pasta Misc (WG 1oz(WG), Mixed Vegetables, Applesauce, Lowfat Milk - 1% Chicken Bolognese
D:	Beef Ground, Pita Bread/Naan Br(WG), Cucumbers, Mixed Fruit, Lowfat Milk - 1% Beef Gyro	D:	Chicken Breasts, Tortillas - 100% W(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Burritos	D:	Chicken Breasts, Pasta Misc (WG 1oz(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Harvest Bake	D:	Chicken Breasts, Brown Rice, WG (1o(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1% Chic Chili Bake	D:	Chuck Roast, Brown Rice, WG (1o(WG), Chickpeas/Hummus, Applesauce, Lowfat Milk - 1% Curry Beef

Monday		Tuesday		Wednesday		Thursday		Friday	
22		23		24		25		26	
L:	Beef Ground, Cornbread/Corn Muf(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%  Chili Bake	L:	Beef Ground, Pasta Misc (WG 1oz(WG), Salsa, Mixed Fruit, Lowfat Milk - 1%  Mex Spaghetti	L:	Beef Ground, Rolls - Wheat, Mashed Potatoes (1, Mixed Fruit, Lowfat Milk - 1%  Shepherds Pie			L:	Chicken Breasts, Bread - Whole Grai(WG), Garden Salad, Mixed Fruit, Lowfat Milk - 1%  Garden Salad
D:	Chicken Breasts, Pasta Misc (WG 1oz(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%  Chicken Stroganoff	D:	Chicken Breasts, Tortillas - 100% W(WG), Lettuce And Tomato, Mixed Fruit, Lowfat Milk - 1%  Tacos	D:	Chicken Breasts, Brown Rice, WG (1o(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%  Chicken And Gravy				
29		30		31					
L:	Chicken Breasts, Brown Rice, WG (1o(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%  Brunswick Stew	L:	Beef Ground, Tortillas - 100% W(WG), Mixed Vegetables, Mixed Vegetables, Lowfat Milk - 1%  Cheesy Taco Pie	L:	Chicken Breasts, Brown Rice, WG (1o(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%  Chicken Fried Rice				
D:	Beef Ground, Buns - Whole Grain(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%  Sloppy Joe	D:	Chicken Breasts, Pasta Misc (WG 1oz(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%  Fiesta Ranch Chicken						